

CREATIVITY TAKES COURAGE

March Newsletter 2021



Gabriela Maia

What is being creative? It is not only about being involved in an art-related project. It is also about being in the moment and able to find peace daily, no matter the obstacles. There is always a solution, there is always a way. A creative mind is brave; they will take action to reach their goal. They do not want to be stuck in a daunting experience that will bring them down. This month, we will launch our Senior Life Skills Program, where we focus on the individual's mental health progress to overcome their obstacle.

We were lucky to meet Gabriela Maia, who is about to finish her Masters of Counselling at Monash University. She is assisting us in developing a mental awareness program for our youth participants ages 17-20 years old. We want to ensure that they will have a safe space to share their goals, issues, and doubts. By providing this to our youth, we hope that they will have the right tools to solve their problem by themselves.

We care a lot about our youth's mental state, as their age is very critical to have a healthy adult, physically and mentally. We hope that this program could be beneficial for their emotional growth and navigation of their life in the future.

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IN 2021

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#WhoWillTheyBecome

Zakia is one of our FirstEmploy^(sm) Program participants in .

She is confident and loves meeting new people. She is a team player, and great in managing her time.

Her dreams are working in front office or in an animal shelter!

She will be working on her CV, expand her confidence through interview training and plan her career goals. Follow her journey on our hashtag:

#WhoWillTheyBecome!



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